

**Last Week: Feb 23, 2020**

Attendance: 51      Church: \$3412.26  
Total: \$3834.00      Missions: \$421.74

**THIS WEEK'S ACTIVITIES**

Monday, Mar 2	Trustee's Meeting	7:00 p.m.
Tuesday, Mar 3	Sewing Circle	8:30- noon
Wednesday, Mar 4	Ladies' Bible Study	9:30- 11 a.m.
Thursday, Mar 5	Prayer Meeting	7:00 p.m.
Saturday, Mar 7	Stewardship Univ.	8 a.m. -2:45 p.m.

**Mark Your Calendars**

April 5- Potluck Lunch at Frey's Greenhouse

If Sunday services are canceled due to inclement weather you will be notified by an automated call, or you can check the Gingrichs Mennonite Church Facebook page. Announcements will be made by 7:30 a.m.

**Elder Team:**

Amanda Rohrer: Lead Pastor (717) 274-1521 ext. 104  
Doreen Miller: Congregational Spiritual Director (717) 926-9197  
Dean Hoover (717) 304-4993  
Tom Turley (717) 507-2535  
Myron Miller (717) 228-5262

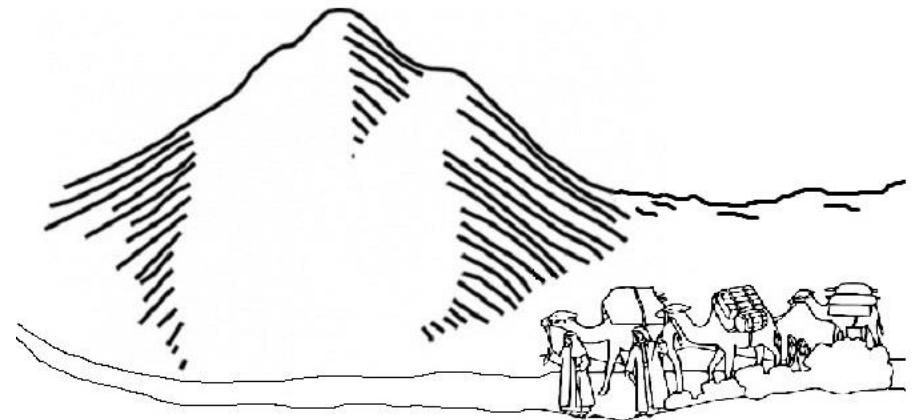
Lead Pastor hours: Mon-Thurs, call for appointment  
Church Office hours: Wed & Fri 7:00 a.m. – 9:00 a.m.  
March Trustee on-call **Reid Hoover:** 717-507-0162 or 717-867-2648

**Gingrichs Mennonite Church**

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Email- [gingrichschurch@comcast.net](mailto:gingrichschurch@comcast.net)      [gingrichsmennonite.com](http://gingrichsmennonite.com)  
[www.facebook.com/gingrichsmennonite](http://www.facebook.com/gingrichsmennonite)

**Psalms**  
of  
the

**Ascent**





**A Committed  
Community  
Abiding in Christ**

**Welcome**  
to all who are joining us for worship today

**March 1, 2020**

Prelude	Charlene Peachey
Congregational Singing	Music Team
Announcements and Offering	Doreen Miller
Sermon: Psalm 123	Pastor Amanda
Congregational Singing	Music Team
Sharing Time	Doreen Miller
Benediction	Pastor Amanda

**Announcement for Communication**

Please have all announcements to Ashlea in the church office by **Wednesday** at 8:00 a.m. Thank you

**Youth Group**

This Sunday the Youth Group will be meeting in the basement for a time of food, games, and fellowship. Please join us at 9 am...and bring a friend!

**Mid-week Lenten service**

Annville-Cleona Council of Churches is once again hosting Mid-Week Lenten Services, beginning at noon on Wednesday, with a light lunch to follow. This week's service will be held at Saint Paul's. Please check the bulletin board for the full schedule and addresses of each location.

**Stewardship University**

Stewardship University 2020. Reserve the date! Saturday, March 7 for an exciting time of learning things you didn't know you didn't know. For more information or to register, visit [stewardshipuniversity.com](http://stewardshipuniversity.com) or contact Lynette Morales- 717-653-6662, [lynette.morales@everence.com](mailto:lynette.morales@everence.com)

**LMC Celebration of Church Life**

April 3-4, 2020 at Petra Church, New Holland. The event is free and everyone is invited. People from all across LMC come together once a year to worship, to learn, to fellowship, and to celebrate what God is doing in our midst! The main speaker for the two-day event is Bishop Glenn Kauffman, pastor at Capitol Christian Fellowship, Lanham, Md. Visit [lmcchurches.org](http://lmcchurches.org) for more info.

**Guess Who's Coming to Dinner**

Today will be your last chance to sign up for the Guess Who's Coming to Dinner (Lunch). WE NEED MORE HOSTS! Once everyone is registered the organizers will sort out who is going where. Guests will be given an address and directions next Sunday. Please contact Barb Keener or Gloria Frey if you have any questions.

**Plant the Seed**

Manheim Mennonite Church will be hosting a seminar beginning this evening at 7 pm, and continuing March 8 and 15. The focus will be on helping believers get involved with the communities in which they live and how to share our faith more openly and freely. More information is located on the information table in the lobby.

## Congregational Spiritual Practice: Praying Psalm 23

As a congregation, we are praying Psalm 23 to become more aware and accepting of the ways God loves us—choosing us and caring for us. Continue to repeat Psalm 23 as a whole regularly.

This week spend time praying and journaling with the first statement in verse 2. NIV translates, “He makes me lie down in green pastures.” Hear a few other translations—“You have bedded me down in lush meadows” (MSG) or “He lets me rest in green meadows” (NLT).

Invite God to transform your heart and mind through this Scripture. Israel is arid, and green pastures are rare. Yet, the Good Shepherd leads His flock unerringly to oases of food and rest.

What are the “green pastures” of food and rest to which God has led you? Describe them.

In what ways has God desired for you to “eat,” to “lie down,” to rest?

How do you find yourself responding to His invitations?

Tell God what you are feeling and thinking about “green pastures” and the rest He desires for you. Pause to let God respond to you.

Choose to receive God’s attentive love for you as you pray.

### Psalm 23 A psalm of David.

- 1 The Lord is my shepherd; I have all that I need.
- 2 He lets me rest in green meadows; he leads me beside peaceful streams.
- 3 He renews my strength. He guides me along right paths, bringing honor to his name.
- 4 Even when I walk through the darkest valley, I will not be afraid, for you are close beside me. Your rod and your staff protect and comfort me.
- 5 You prepare a feast for me in the presence of my enemies. You honor me by anointing my head with oil. My cup overflows with blessings.
- 6 Surely your goodness and unfailing love will pursue me all the days of my life, and I will live in the house of the Lord forever.

## Psalms of the Ascent

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Imagine taking a road trip three times a year on foot in a hot and arid land. God's people did just that and they had a playlist to keep them company along the way. They would leave behind their cares and responsibilities and make the pilgrimage to Jerusalem. No matter which direction they came from it was an ascent since Jerusalem was built on a hill. Their playlist (road songs) was Psalms 120-134. As they sang each song it allowed the time to pass by easier and also provided them with preparation for where they were going.

### Message Notes— Pastor Amanda

Series: Psalms of the Ascent

Title: Psalm 123

## Psalm 123 (NLT)

### **A song for pilgrims ascending to Jerusalem.**

- <sup>1</sup> I lift my eyes to you,  
O God, enthroned in heaven.
- <sup>2</sup> We keep looking to the LORD our  
God for his mercy,  
just as servants keep their eyes on  
their master,  
as a slave girl watches her mistress for the  
slightest signal.
- <sup>3</sup> Have mercy on us, LORD, have mercy,  
for we have had our fill of contempt.
- <sup>4</sup> We have had more than our fill of the scoffing  
of the proud and the contempt of the arrogant.

## Psalm 123 (MSG)

### **A Pilgrim Song**

- <sup>1-4</sup> I look to you, heaven-dwelling God,  
look up to you for help.
- Like servants, alert to their master's commands,  
like a maiden attending her lady,  
We're watching and waiting, holding our breath,  
awaiting your word of mercy.
- Mercy, GOD, mercy!
- We've been kicked around long enough,  
Kicked in the teeth by complacent rich men,  
kicked when we're down by arrogant brutes